



Scouts

Heath and Reach

Beware: This is our standard kit list. Check if Leaders have asked you to bring anything special for the event.

Camp Kit List

Here's some suggestions what to bring to camp. This is not necessarily a complete list, and is just intended to provide ideas. But keep it lightweight please (we're not away for long).

- **All items must be clearly labelled with the owner's name.** It is the Young Person's responsibility to look after their possessions and we neither accept responsibility nor provide any insurance for items that may be lost or stolen.
- **It is essential that adults do not pack the bag! (Please don't do it.)**
Not only is this an important learning exercise, but it ensures that everyone realises that they do have spare clothes and a toothbrush!

Here are some suggestions of things to pack:

- Warm sweater/sweatshirt (it could get chilly overnight)
- Waterproofs (unless being worn)
- Spare t-shirt or similar
- Spare shorts/trousers
- Sun hat or cap, sun cream
- Spare underclothes and socks
- Nightwear – pyjamas, or equivalent
- Sleeping bag + pillow
- Some sort of roll-mat to lie on (not a huge air-bed)
- Torch and spare batteries
- Personal wash kit – towel, toothbrush, etc.
- Hankies
- Spare plastic bags for dirty washing and wet clothes
- Eating utensils (plastic or metal): Plate, mug, bowl, cutlery, tea towel
- A spare pair of comfy footwear (tie them outside your bag if you can't fit them in!). No wellington boots
- Camp blanket (if you have one)
- Cuddly toy (optional)

Bags: You must use some sort of comfy rucksack or daysack. Absolutely do not bring suitcases or hold-all's.

Tuck-shop / souvenir money: No money please.

Medicines: Must be clearly labelled with owner's name and instructions. Must be handed to a Leader on arrival. (Or discussed if something that needs to be carried like EpiPen.)

Where can I buy these things?

We don't endorse any particular local suppliers, but Millets, Go Outdoors, and Cotswolds are worth a look. Go Outdoors will often give a discount (on non-sale items) if you produce some Scouting ID (i.e. necker). If you need advice about buying items, feel free to ask any of the Leaders.

What you need on arrival

Please wear Section jumper and necker on arrival.

- Comfy trousers/shorts
- T-shirt
- Comfy strong shoes or boots that are well worn-in (please don't buy them on the morning!). Not sandals or flip flops. Beware campsites can be rather muddy so a spare pair may be wise.
- Please ensure a waterproof coat and fleece are near the top of the bag so we're ready for all weathers
- A water bottle to carry around would be a good idea

Please beware that all items are almost guaranteed to get wet and muddy. You really shouldn't bring favourite or brand new clothes.

Food: People often bring some sort of sweets to camp. Though the rule is that Leaders do not want to see them or they will be confiscated! Please ensure that these are well-wrapped, otherwise they will attract insects. Avoid sweets that melt.

Meals are provided, so please keep sweets to a minimum, and do not send other food. No chocolate.

There may be people with nut allergies so no nuts please.

Please be sensible – excess sweets will just cause people to be sick. **Definitely no more than 100g.**

Please avoid individually wrapped sweets (e.g. Starburst) – we just end up with wrappers everywhere.

Undesirable equipment:

Please do not send any of the following:

- penknives (a cutlery knife is fine)
- Fire lighting equipment (e.g. flint and steel or matches)
- Any electrical equipment (e.g. phones or gaming devices) except a torch.